

Vol 42 | No.3

FREE

# CLOPHILL SPOTLIGHT

APRIL 2020



**LOVE YOUR  
LOCAL NEWS**

# AMPTHILL PRINT CENTRE

DIGITAL PRINTING  
DESIGN & MARKETING  
DIRECT MAIL

*and much more...*

...and we're right on your doorstep at

Unit 24 Station Road Ind Est, Ampthill, MK45 2QY  
(Just off the A507 Ampthill bypass, past the Post Office)

#### WE PRINT...

- Stationery
- Newsletters
- Menus & Tent cards
- Brochures
- Flyers & Leaflets
- Catalogues
- Books & Booklets
- Direct mail
- Training Manuals
- Banners & Posters
- Greeting cards
- Calendars
- Labels & Stickers
- NCR pads
- Folders
- Exhibition panels
- CD/DVD duplication
- Photocopying

3 DAY STANDARD SERVICE | SAME DAY AVAILABLE

[www.fidelityprint.co.uk](http://www.fidelityprint.co.uk)

Get a quote 01525 300001 [quotes@fidelityprint.co.uk](mailto:quotes@fidelityprint.co.uk)

**fidelity**<sup>®</sup>

Unit 24 Station Rd Ind Est, Ampthill



D. Andrews  
P. Fleckney

## MOTORS LTD

**Tel: (01525) 860292**

Tel: (01525) 404919

**208 Clophill Road, Maulden, Bedfordshire MK45 2AF**  
89 Oliver Street, Ampthill, Bedfordshire MK45 2SA

**CAR AND COMMERCIAL VEHICLES  
ALSO CLASSIC & AMERICAN CARS  
SERVICING – REPAIRS – BREAKDOWN  
SPRAYING – M.O.T.**



### **Stuart Benson Building Projects**

**Design, Build and Maintenance including Interior Refurbishments,  
Kitchen / Bathroom fitting, Tiling, Flooring, Skirting boards, Doors  
Garage conversions. Exterior Decking, Patios, Driveways  
Garden Offices/ Sheds**

**Tel: 07946 579862 or 01525 403083**

**Email: [benson.stuart@googlemail.com](mailto:benson.stuart@googlemail.com)**



## A word from the Editor...

*Dear Reader,*

Firstly I hope you and your families are keeping safe and well during this challenging time. It has been truly inspiring to see how compassionate and adaptable people have been when suddenly faced with great change. From Volunteering, to pooling resources, supporting our vulnerable and really working together as a community.



I want to thank our regular contributors for sending in their articles as usual; especially the schools as they faced unprecedented upheaval and disruption to their daily routine.

Finally, to make up for missing social events and the Parish council report, I have included a recipe, some puzzles, and a poem that I find strangely comforting.

***Best wishes to you all, Elaine***



## The magazine staff

EDITOR	Elaine Jones editorial@clophillspotlight.co.uk	07918 975823
ADVERTISING MANAGER	Emma Frost ads@clophillspotlight.co.uk	
DESIGN MANAGER	Chris Abrahams cmabrahams@yahoo.co.uk	
DISTRIBUTION MANAGER	Pete Liddle	860113
TREASURER	Richard Pearson	861110

***Deadline for articles is 20th of the month***

You can also read Spotlight online  
**[www.clophillspotlight.co.uk](http://www.clophillspotlight.co.uk)**

# SAVE YOUR SPOTLIGHT

## New Design Manager wanted for your local village magazine

After 7 years, Chris is stepping down, so we are looking for someone to take over as our Design Manager.

The role requires about 8 hours of your time each month. Knowledge of either the Adobe Creative Suite or Microsoft Publisher is needed, or the desire to learn one of them!!

*Can you help?*

For more information please contact Elaine on  
**07918 975823** or **editorial@clophillspotlight.co.uk**



**Going...  
going...  
gone?**



Spotlight relies on volunteers to keep going. Sadly, if this key role can't be filled ***the May issue of Spotlight will be the last one*** and there will be no more village magazine.

**If you don't want to lose your village magazine  
– please think about whether you can help.**

# Letter to the Editor...

I have heard from my neighbour that the staff in the Co-op are feeling very distressed about the number of people complaining, refusing to social distance and being generally unkind. This is quite shocking as I have always experienced the people living in Clophill to be warm and friendly.

Please let's all be kind to each other, and pull together to get through this extraordinary time. Especially to the staff at the Co-op and other food shops that are open.

We need these key workers, who are keeping the shelves as stocked as they can, and we should appreciate that they are doing their best under difficult circumstances.

*Many thanks*

---

## A reflection from Clophill Methodist Church



At this time of year I should be writing about the joys of Spring, our Easter celebrations together, family days out in the school holidays and Easter egg hunts. But it's difficult to talk of such things when so many are self-isolating and the world as we know it seems to have ground to a halt.

But the one thing about Easter I can talk of is death and resurrection, new life and hope. All may seem dark, but so did the world for those days between Good Friday and Easter Sunday for the first followers of Jesus. Dark, bleak, all hope lost. Then came the empty tomb. Jesus was alive! Their hope was restored, they witnessed new life, resurrection was a reality.

This virus that is sweeping the land has lasted far more than 3 days, but we will get through this dark and difficult time, these days of isolation, panic buying and school closures. There is hope and there will be resurrection. We will gather again in church to give thanks to the God who promises never to leaves us, who walks with us through the valley of the shadows.



And while these difficult days continue, while we wait for the restrictions to be lifted, for life to return to 'normal', we can continue to hold on to those promises of God in whom we have our hope.

***So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10***

And while we wait, if there is anything you need, please don't hesitate to contact me.

Stay safe and God bless, Silas  
Rev Silas Wood 01525 571392

## CLOPHILL COMMUNITY



### CORONAVIRUS – DO YOU NEED HELP?

Clophill Community Care and the newly formed voluntary group, Clophill COVID-19 Support, are here to assist elderly and vulnerable residents in Clophill during this difficult time.

#### Are you/your household self-isolating?

We can help with practical things like:-

- \* shopping
- \* collecting pensions
- \* collecting prescriptions
- \* posting letters
- \* getting books from the library
- \* dog walking

We can find you a telephone buddy:-

\* We'll put you in touch with one of our volunteers or others who are self-isolating so you can have regular contact with someone by phone, Skype, Zoom, WhatsApp or FaceTime.

Call Clophill COVID-19 Support on 07933 530849 or email [community.support@clophill-pc.gov.uk](mailto:community.support@clophill-pc.gov.uk)

#### Do you need transport (e.g., to go to the shops, GP or hospital)?

If you **don't have symptoms of the virus** call Clophill Community Care on 07791 773705

If you **have symptoms of the virus or are living in a household with symptoms** contact your local GP or hospital – the numbers are in the 'Useful Numbers' section of Spotlight. For shopping, contact Clophill COVID-19 Support on 07933 530849 or [community.support@clophill-pc.gov.uk](mailto:community.support@clophill-pc.gov.uk)

#### Could you be a volunteer?

Our volunteers are on standby to help villagers – if you have a bit of spare time we'd love you to join our team.

**How it works** Volunteers receive an email whenever there's a request for help – and respond if they're available. You may only be free to do certain tasks at certain times – that's OK. Working together, we hope to help as many people in need as possible.

Contact Kate on 07933 530849 or email [community.support@clophill-pc.gov.uk](mailto:community.support@clophill-pc.gov.uk)

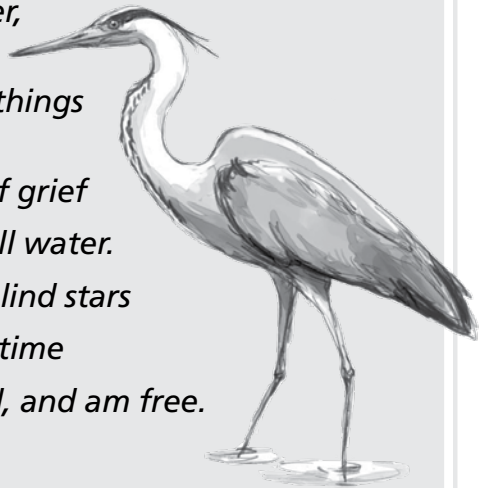
\* For updates on how coronavirus is affecting our community go to <https://clophill-pc.gov.uk/category/news/>

Most of us have been enjoying time in the garden, or the outdoors when we can, in this lovely sunny spring weather. The birds, a few bees and butterflies and even the crocus and daffodils are all getting on with the business of being, and not a bit concerned about our present predicament. I find that strangely comforting. Here is a poem by **Wendell Berry** which seems to me to sum it all up.

## *The Peace of Wild Things*

*When despair for the world grows in me  
and I wake in the night at the least sound  
in fear of what my life and children's lives may be,  
I go and lie down where the wood drake  
rests in his beauty on the water,  
and the great heron feeds.*

*I come into the peace of wild things  
who do not tax their lives  
with forethought of grief  
I come into the presence of still water.  
And I feel above me the day-blind stars  
waiting with their light. For a time  
I rest in the grace of the world, and am free.*



## **News from Clophill Heritage Trust**

It is with very heavy hearts that we had to close the Eco Lodges on Monday 23rd March, for at least 12 weeks, in line with the government guidelines around the Covid-19 outbreak.

We hope you will all join us for a reopening celebration once this is over!

***Till then please look after yourselves and stay safe. The Eco Lodge Team***

**For info call 07935 911207 or email [info@clophillecolodges.co.uk](mailto:info@clophillecolodges.co.uk)  
[www.Facebook.com/ClophillEcoLodges](https://www.Facebook.com/ClophillEcoLodges)**



St Mary's Church. Clophill

## Church Fete and Village Event

to commemorate 75 year Anniversary of VE Day

Saturday 9<sup>th</sup> May 12 noon – 4pm

**Cancelled due to the Coronavirus**

## Arts & Crafts

An Exhibition by local artists and craftsmen

18<sup>th</sup> and 19<sup>th</sup> April 2020 in St Mary's Church

**Postponed due to the Coronavirus**

We would like to thank those who have shown an interest  
and will hopefully arrange a date later in the year



# St Mary's Church News

---



Because of the Corona virus situation, the Archbishop of Canterbury has directed that there shall be no services in Church of England churches for the near future. We are particularly disappointed to have to cancel all our Lent Lunches and the Agape Supper. There will be no Palm Sunday service at St Mary's and I will let you know about services during Easter week nearer the time.

It has also been decided to cancel the Village Fete, and the Arts and Crafts Exhibition is postponed until later in the year.

St Mary's church will be open daily and accessible to anyone that wishes to come in, all we ask is that you should wash your hands when you arrive: hand washing facilities are available in both toilets in church.

We do hope that everyone can stay well, and if you feel you would like contact (I can't promise that we will visit) from anyone from St Mary's then do please let me know.

*Rosemary ILETT - Churchwarden*

---

## Clophill & District Flower Club



Members and visitors came to a relaxed evening to chat, get to know new members, have tea and biscuits served by committee members, learn new crafts and 'dabble'. Four tables each offering a different craft. Our ladies moved around the tables or stayed on one preferred table.

**Table 1 Card making:** Templates of ladies, birthday cakes and animals; together with coloured paper, beads, glitter and glue. Some beautiful cards were made. Some cards looked as if they could outshine Ascot with hats and earrings, birthday cards with happy wishes, flowers and ribbons, and animals all looking very smart in their new outfits.

**Table 2 Wire work:** Coloured wire woven into rounds to create a holder that fitted into the top of a vase, allowing the flowers to stand perfectly and look beautiful. With encouragement from NAFAS to stop using wet foam, this type of holder is the perfect answer.

**Table 3** Tin cans covered with fabric became pretty holders for flowers. Cork, Hessian, beads and ribbons gave tin cans a new lease of life. Contorted hazel, daffodils, snap dragons, delicate wax flowers, together with assorted greenery were among the flowers used in the arrangements: which were stunning.

**Table 4 Quiz night:** Guess the name of 30 different types of plant material carefully gathered from the garden of one of our members. Eucalyptus, Cocculus, Goldheart Ivy, Euonymus, Fatsia and Pittosporam, to name a few.

*Our April and May demonstrations have had to be cancelled because of the Coronavirus. We are not sure about June and July at the moment. All ticket sales for May will be refunded.*

*Christine Baker – Committee Member*





**Autism**  
**BEDFORDSHIRE**



**20th - 24th July**  
**27th - 31st July**

## **SUMMER SCHEME 2020**

PAID AND VOLUNTEER VACANCIES

"A fantastic experience"

Compulsory Training Day - Saturday 30th May 2020  
Hourly rate for paid staff £8.62 - £9.20  
All vacancies are subject to safer recruitment process  
including an enhanced DBS check

**For more information please  
contact a member of the Children's  
Service Team on:**

**01234 214871 or via email  
enquiries@autismbeds.org**

**For further information please visit our  
website**

**[www.autismbedfordshire.net](http://www.autismbedfordshire.net)**

Autism Bedfordshire is a Company Limited by Guarantee. Registered in England No. 04632497.  
Registered Office: 1 Hammond Road, Elms Farm Industrial Estate, Bedford. MK41 0UD  
Registered Charity 1100722

# Come into the Garden

with *Kate Gardner*



Spring is now well underway and everything in the garden is putting on lots of green growth. In previous articles, I've look at grass maintenance, shrub pruning, taking cuttings and dividing herbaceous plants which are all key 'To Do's' now of year. For this month's article, I'm going to turn my attention to fruit and veg.



There are plenty of ways to include fruit and veg into your garden without turning into Tom and Barbara Good from the 1970's BBC sitcom "The Good Life" and rotovating up the lawn. One way is to incorporate some Square Foot Gardening (SFG) principles into the way you use your garden space. This idea was developed in the USA in the 1970's and was a way of creating easy to manage gardens with minimum maintenance to grow fruit and vegetable for the family at home. The basic idea was to create a raised planting area 4 feet x 4 feet x 1 foot deep (1.2m x 1.2 m x 0.30m) and lay a 12inch x 12inch (30cm x 30cm) grid on the surface creating 16 different planting squares.

Traditional veg planting is carried out in rows with lots of empty soil between the rows which means lots of weeding. This way each square holds a different fruit or veg with very little room for weeds to form and the raised bed means that you don't walk on the soil.

Good veg needs good soil so on our very sandy free draining soil you will need to add plenty of compost and well-rotted horse manure (don't use fresh as the nitrogen content is too strong for the plants). This can just be added straight onto the top of your grass or soil, but it's worth removing any nettles, docks or dandelions first.

Good plants to use in your new growing space include lettuce, carrots, dwarf beans, peas, tomatoes, outdoor cucumbers and strawberries. You can even include a tall Cavello Nero or Black Kale plant to eat during the winter. Leeks, onions and lots of herbs such as basil, parsley and thyme grow well in these conditions too. There are plenty of resources available that give lots of advice about growing fruit and veg at home.

If you fancy growing a courgette, then these need to be planted in their own space as they can grow enormous and will end up taking over your raised bed. Courgettes need warmth and sunshine so don't be tempted to plant them outside too early as they will be affected by any frost – I typically don't plant any courgette seeds until the beginning of May. The warmer nights and days mean that they get growing quickly and usually start producing courgettes within 6 weeks.

It's very tempting when you open your seed pack to sow everything in one go, but if you want to eat fruit and veg all through the growing season you need to sow little and often or you end up with all the veg ready faster than you can eat it.

Blueberries are easy to grow but there are a couple of key things to do to make sure that your plants are happy. Blueberries need acid soils so you will need to plant them into ericaceous compost and they don't like being watered with our very hard water so use rainwater from water butts. To get the best crop of fruit put your plants in an area of the garden which is partly shady as they prefer this to full sun all day and once the fruits start to turn dark blue they are ready to harvest. Be warned, blackbirds love blueberries so once your fruit starts to ripen to may want to protect the plant with some fleece or netting otherwise the birds will eat the berries before you get a look in!! **Happy Gardening**



# Volunteer Drivers Urgently Needed

## Agate House

Agate House is looking for Volunteer Drivers for local short trips to support our Service User's to attend church groups, clubs and hospital appointments.

**If you would like to find out more, contact us:**

**Call: 01525 403247**

**Email: [agate@leonardcheshire.org](mailto:agate@leonardcheshire.org)**

[leonardcheshire.org](http://leonardcheshire.org)

**Leonard  
Cheshire**



# Clophill Preschool News

**Hello everyone. What a difference a month makes...**

We hope this article finds you well in these difficult times. Preschool, as we know it, has had to close its doors for the foreseeable but we are still working hard behind the scenes. We are keeping in touch with our parents, keeping them informed and offering help where we can. Our ethos is to push the education of life skills for our children. We want our parents, especially those of children due to start school in September, to continue this and to enjoy the time they will spend together doing everyday things with their children; teaching without the formality of a 'lesson'. They could cook or bake, take walks in the woods and do gardening, build dens with the sofa cushions and explore what lives under stones in the garden. We hope they can encourage resilience and help build confidence, our children are already filled with wonder and interest of the world around them, let their imaginations find portals to new lands in puddles and turn a bedsheet den into a giant's castle. And so we are sending them recipes and ideas for scavenger hunts, suggestions for creative play and games to try.



Before we had to close our doors we did manage to squeeze in a little Mother's Day celebration, not quite the one we wanted as the Flower Club ladies sadly could not come up to us, but they did give us the resources. Thank you, Carolyn. We created our flower gifts with daffodils in upcycled tin cans and sang and signed our song, posting it on our Facebook page as a gift to all the mummies out there.

We have been perfecting our cooking skills both indoors and out, with Chris trying out our new fire pit. Chris has been making lots of bread, popping popcorn in sieves and baking bananas. Spotty and Dotty are continuing to lay eggs every day, tiny eggs but perfectly formed. The children are learning to listen out for the recognisable 'I've just laid an egg!' clucking and race to open the coop to retrieve the warm eggs.

We have entered, and been selected, to have a plot at the Hampton Court Budding Gardener Competition in July. As it stands this event will still go ahead, so we are crossing our fingers. So far it has been disappointing for us that so many events have had to be cancelled, our first year since we opened without a preschool Egg Hunt!

We have also signed up to the RHS Social Gardener Project, and will be promoting this as part of our Community Allotment venture which we will be working hard on over the coming weeks. We have rented an allotment space for everyone to use to help with mental health and wellbeing, to stop loneliness, and encourage our community to come together while growing fruit and vegetables; some of which we shall be donating to the Ampthill Food bank. Who knew that this idea would become so much more appropriate as we are plunged into these uncertain times? We will update you of our plans and progress in next month's article.  
***Until then, we wish everyone well and let's look after each other.***

# Sausage and Cannellini Bean Casserole

**INGREDIENTS** Serves 4: 20 mins to prepare and 25 mins to cook FREEZABLE

- 1 tbsp olive oil
- 8 pork sausages
- 1 onion, 1 celery stick and 1 carrot, all finely chopped
- 2 garlic cloves, finely chopped
- 400g tin chopped tomatoes
- 400ml chicken stock
- 1 tsp smoked paprika (or ordinary paprika will do)
- 400g tin cannellini beans, drained and rinsed
- 100g sliced greens



1. Heat the oil in a large, lidded non stick frying pan or flameproof casserole dish over a medium-high heat. Add the sausages and cook for 5 mins, turning frequently, until browned all over. Remove from the pan and set aside on a plate.
2. Add the onion, celery, carrot and garlic to the pan. Cook over a medium-high heat for 10 mins until softened and lightly golden. Return the sausages to the pan along with the tinned tomatoes, stock and smoked paprika. Season lightly and stir. Bring to the boil, then reduce to a simmer for 20 mins until the sauce has thickened slightly.
3. Stir in the beans and greens, then cover and simmer for a further 5 mins until the greens have softened. Spoon into bowls and grind over some black pepper to serve.

## Freezing and defrosting guidelines

Once the dish has cooled completely, transfer it to an airtight, freezer-safe container, seal and freeze for up to 1-3 months. To serve, defrost thoroughly in the fridge overnight before reheating. To re-heat: Loosely cover with foil and bake until dish is thoroughly heated through. Re-heat until piping hot.

# St Mary's School News



It has been a challenging few weeks for the school, as it has been for the wider community, nation and the World. The school closure was unprecedented, but we are really pleased we have been able to remain open for those children in our school whose parents are critical workers and undertaking such a tremendous and important job in these difficult times.

We would also like to say a huge thank you to our wonderful children, parents and volunteers. The support we have received from our families has been amazing and really helped us through these challenging times.

We are really pleased to be able to stay in touch with our families through our school website – where we are supporting parents and carers with home schooling by providing daily activities under the Home Learning Section (split by class). We are also sending home emails and letters on a regular basis and using our Facebook page to spread positivity, which also includes a regular story told by one of our teachers.

Whilst the school is closed, if you do need to make contact with us then please use the school email address: [generaladmin@clophillstmarysschool.co.uk](mailto:generaladmin@clophillstmarysschool.co.uk)

Fortunately, prior to the school closure, the Years 3 and 4 were able to visit Holdenby House, to support their topic of WWII. They learnt what life was like as an evacuee and all dressed up for the trip looking fantastic. Our Year 2 children visited Robert Bloomfield Academy for a Multiskills sports event, participating with other schools. They had a wonderful time and were a real credit to the school. Our Year 1 class led Class Worship and told their Bible story brilliantly, it was great for so many parents to be able to attend and support them. Also our Nursery and Reception children have been loving their topic about super heroes – enjoying the book 'SuperTato'. Finally thank you for to those people who attended the recent Nursery Stay and Play session, which was very successful. We are looking forward to holding more regular sessions once the school reopens. Details will follow.



We miss our children and families and really look forward to the school reopening – we hope we don't have to wait too long. In the meantime, if we can support you in any way then please contact us at the email address above.

## Our value for April is *Unity*

Our Value for April will be Koinonia (Unity), which is especially pertinent for our current situation. We will look to share stories on our Facebook page about this Value, focusing on how actions and initiatives involving a number of committed people are more likely to result in a successful outcome than things which are approached individually. We will emphasise the importance of everyone: children, staff, parents and Governors working together in unity to ensure success. At home you could take on a simple project as a family and work together until it is complete; for example prepare a meal where each person has a part to play. Also, especially with older children, you could emphasise the importance of us all following the Government advice and staying at home in order to be united in the support of the NHS to fight against the Coronavirus.

# Clophill's Serving Survivors of WW1

by Sue Pearson

*In celebration of Clophill's brave men who fought in and survived the First World war...*

**Humphrey Ladds Cunnington** was born in Surrey in 1889. By 1891 the family lived in the School House, High Street. His parents were Humphrey and Mary (Ladds), both teachers. He had 2 brothers (see below) and 2 sisters.

He served as a Sergeant with the East Surrey Regt., from 1914 until he was discharged on medical grounds in 1916 - the year he was wounded.

The following intelligence was sent to Clophill by the Rector, who was a chaplain in France; in July 1916 He wrote: *"I am sorry to have to tell you that Humph is wounded. He came in just as I went on duty this morning. He recognised my voice and called out. He has been hit in the face and right eye, but we hope he will be all right very soon. The eye is alright at present and it is hoped that it will be saved. He is very fit and well in himself, and is not suffering shell shock or anything like that. His "tin hat" undoubtedly saved him."*

Ampthill News reported – *"Sgt. Cunnington has been out nearly 12 months and for the greater part of the time has been in the trenches. Although he has had one or two narrow escapes, he has not been actually hit before. In a letter home," he says:- "We have had three days of the most awful bombardment in history, so the time for real action must come very soon. These 3 days have been absolute hell, especially for the Boche; our guns have smothered his trenches with huge shells and trench mortars; we have given him periodical doses of gas and filthy smoke, and there have been nightly bombing raids. After every dose of gas or smoke, when he must leave his dug-outs for fear of suffocation, we have rained shrapnel on him. What a difference from those days at Ypres and Hill 60, when the boot was on the other foot! He hasn't replied on anything like the same scale, but we have suffered pretty heavily, as our Company has been 'up' all the time, and I believe our 'heroic remnants' have the honour of leading the attack. I hope so. I think this war should make another unthinkable, for this isn't war, it is murder pure and simple, and the side that can use most frightfulness will win. If everything goes on alright we should finish them off pretty quickly, and be home again, never more to leave the shores of old England. I don't think any of us quite appreciated the old country till we came out here."*

Humphrey married Edith Green in 1919 at which time he was a civil servant, a job he would have until at least 1939. He died in 1945 in Clapham Common.

**Lionel Healey Cunnington** was born in Clophill in 1898. He enlisted in 1917 and was a Telegraphist in the RNVR on HM Tug "Marsden" serving in the Mediterranean. By 1918 he had also become a member of the cathedral choir in Gibraltar- where his boat was stationed. In 1919 he was seized with Malaria whilst on a voyage from Port Said to Aden and spent time in hospital in Suez. He returned home later that year.





Lionel became a schoolteacher and in 1924 he married Daisy Warwick. They had 3 children. They lived in Twickenham for many years but by 1939 they lived in Ottery St. Mary, Devon. In 1945 they lived in The Vicarage at Eaton Bray and later in Heath & Reach. Lionel died in Chichester, aged 93.

**Raymond Cunnington** was born in Clophill in 1891.

In 1918 Ampthill News reported on Raymond's short life as follows:- *"It is with much regret that we record the death of Raymond Ernest Cunnington, second son of Mr. and Mrs. Cunnington, Clophill. The deceased was 26 years old, served in the Royal Navy for nearly 4 years. A severe attack of pleurisy left a weakness in his lung, and in 1911 he was invalided suffering from tuberculosis. After a period at home his health improved and he entered the Mercantile marine, making voyages to South Africa, Australia and New Zealand. At the outbreak of war in 1914 he enlisted in the 6th Bedfords, being passed medically sound; but*



**Front seated:** Humphrey Cunnington, Lionel, Mary Ann and Raymond.

**Back seated:** Ruth, Humphrey and Kathleen. Ruth was married to George Appleby who also served and survived WW1.

*after a month's training at Aldershot his health gave way, the lung trouble reappeared. He was discharged in December 1914. In 1915 he spent some months in a sanatorium, but did not derive much benefit. He has since been getting gradually weaker. His long illness was borne with exemplary patience and cheerfulness, and the end came on Tuesday, the 3rd inst. The remains are at the Old Church."*

**Leonard  
Cheshire  
Disability**

## Grand Jumble Sale

Clophill Friends of the Bedfordshire Cheshire Home, regret to advise that they will not be holding their jumble sale as planned on the 24th April in the Village Hall.

It has been decided that in the interest of all concerned, the sale be deferred until the current health issues are resolved.

We will be in touch as soon as possible

**Clophill Friends of the Leonard Cheshire Disability Home at Ampthill**

# Village groups

Beverley Court		860920
Brownies	<a href="https://enquiryym.girlguiding.org.uk">https://enquiryym.girlguiding.org.uk</a>	
Clophill Community Care	Duty Contact	07791 773705
Clophill Heritage Trust	Ali Bradbury	07894 710001
Clophill Preschool	Imogen	07765 887868
	Chris	07936 006381
Clophill St Mary's C of E Lower School & Nursery	Emma Topliff	860206
Clophill Toddler Group	Hannah Compton	07535 705711
Clophill United Charities	Richard Pearson	861110
Conservation Group	Brian Adams	862297
Flower Club	Gillian Hill	860539
Friends of the Cheshire Home	Sue Pearson	861110
Funzone After School Club		07903 167493
Greensands Community Choir	Luke Howard	07975 520085
Indoor Carpet Bowls	Tony Meredith	860754
Messy Church	Victoria Higgins	07920 568861
	<a href="mailto:victoriajhiggins@hotmail.co.uk">victoriajhiggins@hotmail.co.uk</a>	
St Mary's PTA	Julia Skelton	07774 993973
Scouts and Cubs		<a href="http://www.scouts.org.uk/get-involved">www.scouts.org.uk/get-involved</a>
Tea and Chat	Anita Errick	860695
Village Hall Booking Secretary	Marilyn Browning	07821 643936



Bedfordshire  
Cambridgeshire  
Northamptonshire

## Wildlife walks & talks



### Coronavirus Update

*We have been actively reviewing the government's advice and have decided to cancel all events up until the 13th June. We apologise for any inconvenience caused, but ask for your understanding in our decision to do so. We will continue to monitor the situation and will update our home page as soon as we receive any new information or guidance. Please visit our home page for ideas on how to stay connected with nature over this difficult time.*

*We will continue to monitor the situation closely and will update our website as soon as we receive any new information or guidance.*

[www.wildlifebcn.org](http://www.wildlifebcn.org)

[www.flitvale.org.uk](http://www.flitvale.org.uk)

# Ampthill Community Safety Group

We cover Maulden and Clophill too, met in March and next meet on 12th May at the Fire Station, subject to the new distancing rules.

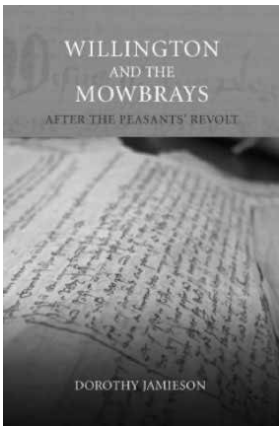
Matters effecting Clophill discussed in March were the (now so topical) need for an effective Neighbourhood Watch Group; appreciating that previous efforts were made, but this is 'now', and as a village we might be more interested in formalising the community volunteering that so many are committing to.

Also discussed was the A507. There have been two serious road traffic incidents in recent weeks that forced the road to be closed by the blue light services near Beadlow. And of course as a result there was the usual impact on the village. The Ampthill Community Safety Group have challenged our CBC Ward Councillors, CBC Highways and Bedfordshire Fire & Rescue Service (they lead on accident prevention) to look at how these incidents might be prevented in the future. The Fire Service have made this a priority for Ampthill Fire Station to focus on, and things like reducing the speed to 50MPH might be considered. In addition, the Fire Service are going to look at how they might educate young people on the risks and issues that dangerous riding of pedal cycles might bring about.

During the last quarter ACSG Members reviewed the local NHS Clinical Commissioning Groups Falls Prevention Strategy and fed back through Healthwatch Central Bedfordshire. This is something that particularly impacts (bad pun!) on the elderly.

Ampthill Community Safety Group is made up entirely of volunteers (see previous Spotlight entries), and is recognised by Central Bedfordshire Council as both a partner organisation and a community interest group. We are under-represented by Clophillians. Meetings are once every six months - last only an hour, with the Police, Fire and Healthwatch all recognising the value we add to community issues. We welcome new 'members'.

*Paul Downing Chair ACSG – Telephone: 860350*



***Due to the current Coronavirus infection risk our April meeting has been postponed until a future date – please see [www.adalhs.org.uk](http://www.adalhs.org.uk).***

## **AGM and From Box to Book**

To transcribe a large box of Medieval parchments from Latin would daunt most people, our speaker persisted and twenty years later wrote a book about her village of Willington.

*Speaker: Dorothy Jamieson*

**Ampthill & District Archaeological & Local History Society**



# Parish Registers for March and April

**1820**

**Baptisms**

Mar 23 Stephen, son of Stephen Mathews

**Burials**

Mar 08 ? Wainwright

Apr 05 William Baker (?)

**1870**

**Baptisms**

Mar 27 Mary Elizabeth, d of Leonard and Sarah Hal

Joseph, s of Ambrose & Sar. Coley

Ruth Elizabeth, d of Joseph and Elizabeth Sharman

Susan, d of James & Salome Lomas

Apr 01 Elizabeth, d of Charles and Eliza Bottoms, father Marine Store Dealer

Apr 24 Ann, d of George and James (?) Braybrook

Brenda Amelia, d of Isaac and Elizabeth Coburn, father a bricklayer from Maulden

**Marriages**

Apr 11 Albert Coleman, 21 to Mary Ann Albery, 19

**Burials**

Mar 21 Albert William Albery, infant

Mar 24 Rosa Simpson, infant

Mar 28 James Edward Goodall, 3

Apr 01 John Underwood, 67

Apr 02 Mary Elizabeth (?), infant

Apr 14 Herbert William Low, child of William Low, 1

Apr 16 Edwin Payne, child of John Payne, infant

Fanny Elizabeth Monehew (?) infant

**1870** (continued)

Apr 18 Susan Denton, infant

Apr 19 Mary Upton, infant

Apr 20 Sarah Gobby (?), 3

Apr 22 Ann Page, infant

Apr 28 Arthur James White, infant

**1920**

**Baptisms**

Mar 21 Enid Daphne d of Harold and Beatrice McClymont father a railwayman from Liverpool

Apr 18 Janet Rae Waddell d of Frederick and Margaret Tysome father an ex-soldier

**Marriages**

Mar 20 Clement Parsons Taylor 25, bank clerk to Nina (?) Frances Helena Bishops, 25, widow

**Burials**

Mar 04 Eliza Webb, 59

Apr 13 Kate Eliza Stimson, 78

**1970**

*No baptisms or marriages recorded*

**Burials**

Mar 21 Gwynedd Mary Everingham King, 60

Mar 24 Raymond Albert James Hills, 64

Apr 16 Nellie may Cole, 75

Apr 24 Annie Maud Odell, 74

**ST MARY'S CHURCH REGISTERS FOR MARCH 2020**

**Burial of Ashes**

Mar 09 Brian Peter Izzard (Briz), 77



## Mindfulness Movement & Meditation

*...a class for all*

Based on gentle yoga and incorporating the principles of mindfulness, this class teaches how to use the breath to stretch, move and relax. Held in the lovely barn at the Clophill Centre every Tuesday evening 7 - 8.15 pm

For further information or to book a place please contact  
Ann on 07791171980 or email: [ann.okeeffe@btinternet.com](mailto:ann.okeeffe@btinternet.com)

# Useful numbers

<b>Gas</b> (Emergency)		0800 111999
<b>Electricity</b> (Emergency)		0800 7838838
<b>Emergency Fire/Police/Ambulance</b>		999
<b>Water/Sewage</b> (Anglian Water)		0845 7145145
<b>Telephone</b>	(Customer Services) 150	(Faults) 151
<b>Highways Department</b> (Central Bedfordshire Council)		0300 3008049
<b>Benefits Agency</b> (Bedford office)		01234 361500
<b>Registrar's Office</b> (Births/deaths/marriages)		0300 3008089
<b>Rail</b> (Enquiries)		0845 7484950
<b>Buses</b> 01234 262151	(Link A Ride) 01525 840511	(Flittabus) 01582 406561
<b>Luton Airport</b>		01582 405100
<b>Swimming</b>	(Flitwick) 01525 717744	(Robinson Pool) 01234 212479

## LOCAL GOVERNMENT

<b>Central Beds Offices</b> (Chicksands)		0300 300 8000
<b>Mid-Beds MP</b>	Nadine Dorries	01462 811992
<b>Central Bedfordshire Councillors</b>	Michael Blair	01525 404513
	Paul Duckett	07988 184061
<b>Clophill Parish Council</b>	(Clerk) James Stirling	clerk@clophill-pc.gov.uk 01462 887226

## HOSPITALS

<b>Bedford</b> (North & South)	01234 355122	Admissions	01234 261150
		Appointments	01234 359012
<b>Luton &amp; Dunstable</b>			0845 1270127

## DOCTOR'S CLINICS

<b>Amphill</b>	(Houghton Close) 01525 300898	(Oliver Street)	01525 631395
		(Greensands)	01525 631390
<b>Shefford</b>	Enquiries 01462 818620	Appointments	01462 810034
<b>Barton</b> 01582 528700		<b>Flitwick</b>	01525 715300

## POLICE

<b>County Police HQ</b>		Non Emergency	101
<b>Amphill Station</b>			01234 841212
			101

## CHURCHES

<b>St Mary's Parish Church</b>		RECTORS POST VACANT	
	(Church Warden) Rosemary Ilett	mandrilett@onetel.com	01525 860274
<b>St Francis RC Church, Shefford</b>		Ian Gordon	01525 860875
<b>Clophill Methodist Church</b>		Jim Davies	01525 860829
<b>Baptist Churches</b> (Amphill) Doreen Gibbs	01525 862424	(Maulden) Ian Crawford	01525 634325
		(Shefford) Hazel Arnold	01462 812564

## SCHOOLS

<b>Clophill St Mary's C of E Lower School &amp; Nursery</b> (Headteacher Mrs K Bingley)		01525 860206
<b>Harlington Upper School</b> , Harlington		01525 755100
<b>Preschool</b> clophillpreschool@gmail.com	(Chris) 07936 006381 or (Imogen)	07765 887868
<b>Redborne Upper School</b> , Amphill		01525 404462
<b>Robert Bloomfield Middle School</b> , Shefford		01462 628800

# Partridge Flooring

Your Local Flooring Service - 45 Years Experience



**For free estimate and advice**

☎ 01525 860884

☎ 07967 611883

✉ [partridgeflooringservices@gmail.com](mailto:partridgeflooringservices@gmail.com)

## Supply & Installation

- Carpet
- Karndean
- Amtico
- Wood
- Laminate
- Vinyl
- Screeding
- Plywood

 amtico

 Karndean  
Designflooring

# Kings Windows

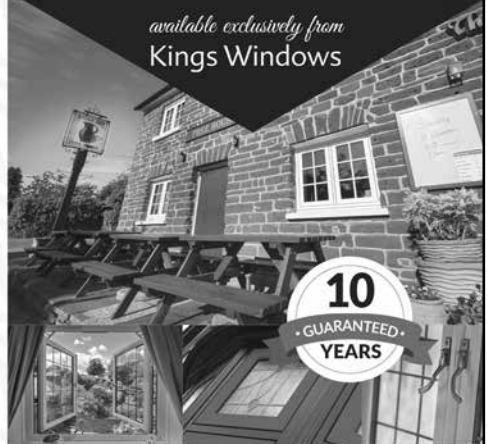


Available in a range of traditional colours  
Choose classic joints to look like wood  
Stunning handle options

## TIMELESS FLUSH TIMBER ALTERNATIVE WINDOWS

as seen in *The Old Compasses & The Stone Jug*

*available exclusively from  
Kings Windows*



**01582 882 800**

[www.kingswindows.co.uk](http://www.kingswindows.co.uk)

*Glee*  
Greensand Community Choir  
**LOVE SINGING!**  
sing with an exciting local choir...



Come along to your local **community choir**,  
for men and women of all singing abilities!  
Mondays, 8.00-9.30 pm at St. Mary's Church, Clophill.

- Come and sing with an exciting new local choir led by a professional musical director
- Uplifting music in a variety of styles: musicals, classic pop, folksongs, sacred and world music
- Welcoming singers of all abilities - no audition, no need to read music!
- New members - come along any time for a free taster



Enquiries to:

[greensandcommunitychoir@gmail.com](mailto:greensandcommunitychoir@gmail.com)

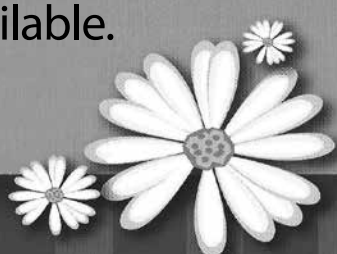
or ring Luke on: 07975 520085

## Daisy Cooper

Spring cleans, one off cleans and  
moving home cleans all available.

[Daisycooper22@hotmail.co.uk](mailto:Daisycooper22@hotmail.co.uk)

Please call 07913 332914



Keeping your home as fresh as a Daisy

## Hypnotherapy...*the Mindful Way*

For help with: anxiety, stress, IBS, migraine mindful eating,  
insomnia & many other conditions. For more information or  
an initial consultation please contact Ann. Tel: 07791171980

Email: [enquiries@pathwaysofmindfulness.co.uk](mailto:enquiries@pathwaysofmindfulness.co.uk)  
[www.pathwaysofmindfulness.com](http://www.pathwaysofmindfulness.com)



3	13	15	6	21	25	23		25	15	22	17	25	21	6
24		14		10		7		19		12		12		4
17	11	14	19	10	11	14	9	15		19	10	22	10	9
25		6		11		23		25		11		12		17
1	17	19	1		14	6	24	17	25	17	21	21	17	24
6		11		21		24		8		9				25
19	10	10	1	17	6		26	17	20	20	17	6	3	9
		3		8		22		4		16		4		
14	12	9	23	6	9	17	25		8	12	15	25	6	9
21				18		3		3		23		21		7
12	16	12	21	12	24	25	23	6	3		18	15	11	14
3		20		25		15		12		10		3		23
9	19	15	25	1		17	24	25	10	5	24	17	9	10
						I	N	C						
17		19		6		9		10		19		16		10
25	19	6	12	9	6	3		2	23	6	19	6	17	24

**CODEWORD** (above)

Numbers are substituted for letters in this crossword grid. 3 have been inserted to get you started.

Use these clues to complete your first word.

Check your letters on the alphabet list opposite as you complete them.

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26



**POLYWORD** (left)

Using the given letters no more than once, make as many words as possible of four or more letters, always including the central letter. Capitalised words and plurals are disallowed. You can also make one using all nine available letters.

**How did you rate?**

10 words – Average, 13 – Good, 16 Very good, 19 Excellent.



**EASY**

1	8			6	4		
		6		9		8	7
5							
2	6	9	5				8
			4		9		
	8			2	7	9	1
							5
6		4		7		2	
		1	2		9		3

**MEDIUM**

9	6			4		1		
			3	8				
7		8		6				9
1	2		8			9		3
				5				
3		5			2		6	4
8				9		4		7
				3	8			
		9		2			8	5

**SUDOKU** (above)

To solve this puzzle each 3 x 3 box, each row and each column must contain all the numbers from 1 to 9.

# Enjoy these Puzzles

**KAKURO** (right)

To solve kakuro you must enter a number between 1 and 9 in the empty squares without repeating a digit. The clues are the numbers on the black squares and are the sum of the solution numbers. The clue pointers indicate the direction of the answers. A block of 2 squares with a clue of 3 will solve as 2, 1 and a 5 will produce 4, 1 or 2, 3. A 4 can only be 1, 3 never 2, 2.

The Kakuro puzzle grid consists of a 13x13 grid of squares. Black squares contain numerical clues and arrows indicating the direction of the numbers to be placed in the white squares. The clues are as follows:

- Row 1: (1,4)=4, (1,5)=5, (1,6)=22, (1,9)=45, (1,10)=17
- Row 2: (2,2)=16, (2,3)=13, (2,7)=16, (2,8)=4, (2,10)=9
- Row 3: (3,1)=32, (3,10)=14, (3,11)=15
- Row 4: (4,1)=14, (4,4)=4, (4,5)=11, (4,7)=17, (4,8)=3, (4,9)=29, (4,13)=4
- Row 5: (5,2)=16, (5,3)=45, (5,5)=12, (5,6)=8, (5,7)=5, (5,8)=12, (5,9)=16
- Row 6: (6,1)=11, (6,5)=22, (6,6)=24
- Row 7: (7,1)=14, (7,3)=3, (7,4)=11, (7,6)=23, (7,7)=3, (7,13)=3
- Row 8: (8,2)=19, (8,3)=17, (8,6)=10, (8,7)=17, (8,10)=9
- Row 9: (9,1)=33, (9,10)=16, (9,11)=14, (9,12)=4
- Row 10: (10,1)=11, (10,3)=4, (10,4)=9, (10,6)=30, (10,7)=13, (10,10)=8, (10,13)=16
- Row 11: (11,2)=11, (11,4)=13, (11,5)=5, (11,6)=29, (11,13)=16
- Row 12: (12,2)=16, (12,3)=7, (12,10)=10, (12,11)=5, (12,12)=14
- Row 13: (13,1)=3, (13,4)=36, (13,6)=21

**Painter and Decorator**  
**Call Chris : 07950714579**



*do you want your  
home brightening up?*

*all interior & exterior work*

*no job too small!*

*free no obligation quote*

*25 years experience  
& fully insured*

*facebook: @christopherthepainter*  
*email: chris.minihane@btinternet.com*

## **JK Garden and Landscape Services Ltd**



*full landscaping service*  
*patios*  
*fencing*  
*decking*  
*new lawns*  
*driveways*  
*all garden maintenance*

Contact us on **0791 2028254**  
or at **jkgardening@hotmail.co.uk**

You can also find us on Facebook

## **TALKEASY** *Coaching*

***Do you want to make a fundamental  
difference to your life and don't  
know where to start?***

My name is Lynn and I am a Life Coach.

I have extensive experience helping  
with every aspect of life, e.g. support with  
family issues, or your own financial,  
emotional, or physical wellbeing.

My most recent project has been supporting  
young teenagers in their place of education.

Be the change in your life  
and contact me for a free,  
no obligation chat.



**07557948644**  
**01525860384**  
**lynncléments87@gmail.com**



## **Tammys' Talons**

**Nail Technician**  
**Gel. Manicure and Pedicure**

**IZABELHAMMON**  
REGISTERED NAIL TECHNICIAN  
**CALGEL IZ** Champion

**Tammy Kirby**

**Clophill, Bedfordshire, MK45 4AW**

**Tel : 07968379309**

**tammystalons@gmail.com**

# Linda Allsop

PHYSIOTHERAPY



Chartered  
Physiotherapist  
with over 30 years  
experience in both  
the Private Sector  
and the NHS.

Home visits  
available.  
Based in  
Graverhurst

01462 711978 | 07989 257026  
[www.linda-allsop-physio.co.uk](http://www.linda-allsop-physio.co.uk)  
[lindaallsop@btinternet.com](mailto:lindaallsop@btinternet.com)

USING PARABEN & SULPHATE FREE, 100% VEGAN,  
CRUELTY FREE PRODUCTS



## A Cut Above Hairdressing

by Rachel

In the comfort of your own home  
cutting & styling specialist

call or text : 07896009382  
facebook: acutaboverachel

Salon experienced  
Fully insured  
Fully qualified to Level 3 Standard.

## E.T. Accountancy Services

Experienced Chartered Accountant and  
Chartered Tax adviser based in Clophill  
providing a full range of accountancy  
and taxation services to businesses  
and private individuals.

To arrange a free initial consultation  
please telephone me on 01525 590465  
or email [emma@et-accountancy.co.uk](mailto:emma@et-accountancy.co.uk)

Chartered Accountant and  
Chartered Tax Adviser

Emma Thoulass FCA CTA  
[www.et-accountancy.co.uk](http://www.et-accountancy.co.uk)  
01525 590465



## Professional friendly accountancy services

Fully qualified,  
Free initial consultation,  
competitive fees  
Sole traders, Ltd companies,  
bookkeeping, payroll,  
CIS, VAT & Tax.

[sally@sjtax.co.uk](mailto:sally@sjtax.co.uk)  
**01234 831997**  
**07899 808592**

# ADAM IN YOUR GARDEN

**TREE SURGERY, HEDGE TRIMMING,  
TURFING, FENCE MAINTENANCE,  
DECKING, PATIO CLEANING**



Qualified, Fully Insured, Competitive Rates  
Free Estimates

**TEL: 01582 518954 MOB: 07828 490360**  
**Web Site: [www.adaminyourgarden.co.uk](http://www.adaminyourgarden.co.uk)**



## ACCOUNTING SERVICES

Providing a **Much Better** service for **Mid Beds** since 2000

If you are *Self-employed* or a *Small Business* and require assistance with  
**Accounts, HMRC tax returns, VAT**

we offer a total confidential service at competitive rates

Contact T: 01525 861087 M: 07714189994 E: [mbaccounts@btinternet.com](mailto:mbaccounts@btinternet.com)

Telephone  
**01525  
860526**

## The Stone Jug

**A Free House**  
BACK STREET, CLOPHILL

**A Proper Pub for Proper People**

A family run village 'boozer' serving up great value, quality lunches that will fill you up without emptying your wallet! A pub is for 12 months of the year, 365 days and we're here for you on each and every one of them!

- 5 real ales, including 3 guest pumps that change frequently (see our Facebook page for details)
- selection of wines and Prosecco by the glass – or even better, by the bottle
- home-cooked lunches Tues-Sat, 12pm-2pm



**REMEMBER OUR MOTTO**

**"A VISIT TO THE JUG IS BETTER THAN GOING TO A PUB"**  
**CHEERS JOYCE, VIKKI & MARK**

[www.stonejug.co.uk](http://www.stonejug.co.uk)

[www.facebook.com/thestonejugclophill](http://www.facebook.com/thestonejugclophill)

# OVENCLEAN.

The original oven cleaning specialists

All types cleaned:



- Ovens
- Grills
- Ranges
- Hobs
- AGAs
- Microwaves
- BBQs
- Extractors

Fully insured, and DBS Police Checked

For a quote call Clive direct on:  
**07949 233089** or phone the  
**Office on 0800 840 7127**



[www.ovenclean.com](http://www.ovenclean.com)



Ovenclean Clive Burgess

## Warm Property Services



### Heating



### Plumbing



### Bathrooms



Maulden based. British Gas trained engineer with more than 10 years' experience. Discount for over 60's.

Free no obligation quote & advice.



Boiler and heating installations



Bathroom suites



Power flushing



Plumbing and drainage



Landlord Safety certificates



Fires and cookers

**07716 478794**    **01525 839342**  
[www.warmprops.co.uk](http://www.warmprops.co.uk)

THE BLUECAT



LUXURY CATTERY

**Tel: 01525 861416**  
[www.thebluecat.net](http://www.thebluecat.net)

Find us on Facebook @thebluecatcattery  
 or email us at [enquiries@thebluecat.net](mailto:enquiries@thebluecat.net)

The Bluecat is a luxury cattery set in the quiet area of Jacques Lane in Clophill. With just 14 cat chalets, we have time to fuss, pamper and play with your cat to its heart's content whilst in our care.  
 Please call for further information.

## Misty Double Glazing?

Over 30 Years experience. FREE Quotes

Over 30 Years experience. FREE Quotes

**KEEP YOUR WINDOW FRAMES...  
 ... WE JUST REPLACE THE GLASS!**

• UPVC • Aluminium • Or Wood

Because we replace just the glass the repair is a  
Fraction of the cost of a complete replacement window.

BEFORE



AFTER



**mistydoubleglazing.co.uk**  
**QUALITY GLAZING SERVICES**

**01525 876808**

**WE ALSO REPLACE BROKEN...**

• Glass • Handles • Hinges & Locks  
**AND REPAIR...Patio Doors & Conservatories!**

# THE SECRET OF GREAT HAIR

The secret of great hair is a great haircut. *By Kevin Reynolds*

Have your hair done in the comfort of your own home.

Free consultations available.

Kevin ran his own salon in the West End of London until he moved to Bedfordshire 15 years ago. Whether you're looking for a re-style, a new colour, original hair ideas, something cutting -edge or something familiar, you'll be safe in Kevin's hands.

Call us now for an appointment

## 07970 467805

**kevinreynolds**

Hair Stylist

reynoldskevin59@gmail.com



## Nicola Rayner Fitness

*Feel great in 2019!*

### BOXWORX

Fun, effective pad work based boxing class for a great stress relieving total body workout!

**Wednesday 8-9pm**

**Clophill village hall**

Limited spaces available booking essential

### Pilates & Men's Core Strength

Improved core strength and posture through low impact stretching and spine safe conditioning exercises. Delivered with a positive, caring approach in a fun and friendly environment to leave you feeling energized!

**Classes in Flitton & Silsoe**

Limited spaces available booking essential

Classes also in the surrounding area

**Legs, Bums & tums**

**Zumba**

**Ladies Boot Camp**

For full timetable or to book contact Nicola  
fitone@live.co.uk 07801 510988



# be hot!

with  
Slimming World

**TUESDAY**

**Silsoe**

Silsoe Community Sports Centre  
Chestnut Avenue, MK45 4GP  
5:30pm & 7:30pm

Tel / Text: Liz for details  
07973 532793

[slimmingworld.co.uk](http://slimmingworld.co.uk)  
0344 897 8000   



## Welcome to Clophill St Mary's C of E Lower School and Nursery

A small, friendly, Voluntary Aided Church of England Lower School, graded 'Outstanding' by Ofsted, with close links to the local community.

St. Mary's is a Values based school taking children aged from 2 years 7 months to 9 years and providing them with a framework for living, tightly woven into the positive Christian ethos of the school.

Breakfast and after school care for all ages.

## Acorn Nursery

for preschool children aged 2 years 7 months to 4 years with breakfast and after school care available.

Providing 30 hours free childcare entitlement.



**NEW NURSERY BUILDING  
OPEN NOW!**

To arrange a visit, please call us 01525 860206  
or email: [generaladmin@nursery@clophillstmarysschool.co.uk](mailto:generaladmin@nursery@clophillstmarysschool.co.uk)  
For more information visit: [www.clophillstmarysschool.co.uk](http://www.clophillstmarysschool.co.uk)

## BEDFORD'S PREFERRED RIVIERA TRAVEL SPECIALIST

FROM  
**£1549<sup>pp</sup>**



### RHINE CRUISE TO SWITZERLAND

**17 October 2020, 8 days**

*Other dates available from May to October 2020 & 2021*

Fly to Cologne, Koblenz, Rhine Gorge, Rudesheim, Speyer, Strasbourg, Breisach, Black Forest, Bernese Oberland, Lucerne, fly to UK

#### AT A GLANCE:

- 7 nights on a 5-star ship
- Return flights & transfers (Eurostar available)
- 7 visits & tours
- Full board
- Complimentary on-board tea & coffee
- Complimentary on-board Wi-Fi
- Expert Cruise Director & Concierge

Deposit only  
**£250pp**



Prices are per person based on two sharing and are subject to availability at the time of booking. Prices can change without prior notice. Full Riviera terms and conditions apply.

**01234 326778**

sales@selecttravelholidays.co.uk

www.selecttravelholidays.co.uk



BOOK WITH CONFIDENCE  
ABTA & ATOL protected



## ARCHITECTURAL DRAWINGS AND BUILDING DESIGN SERVICES

Professional Architectural design services provided for all types of private residential building projects including extensions, loft/garage conversions, garages and outbuildings through to new build dwellings with all necessary council approvals obtained.

For free estimates and advice contact Steve Coates on Flitwick 01525 862457 or 07960 215053.

stevecoates72@gmail.com

S & S Coates Surveying & Design, Unit 4 The Courtyard,  
r/o 13 High St, Clophill, MK45 4AB.



**CBuildE**  
chartered building engineer





# A L & G ABBOTT

F u n e r a l   D i r e c t o r s

~ Established 1832 ~

WITH YOU WHEN IT MATTERS MOST

An independent family business continuing to provide a caring & professional service to Bedford, Kempston & the surrounding villages.



- 24 Hour Personal Service
- Pre-Paid Funeral Plans
- Private Chapels of Rest
- Green Burials
- Home Arrangements
- Civil Services Available
- Bereavement Listening Service (Free to our families)



**T 01234 843222**

**[www.abbott-funerals.co.uk](http://www.abbott-funerals.co.uk) [support@abbott-funerals.co.uk](mailto:support@abbott-funerals.co.uk)**

150 BEDFORD ROAD, KEMPSTON, BEDFORDSHIRE, MK42 8BH

# AIMS

Tim Kemp BA FCA  
Top Barn Rectory Road  
Steppingly MK45 5AT

TEL/FAX : 01525 717141  
MOBILE : 07900 823 012  
[www.aims.co.uk](http://www.aims.co.uk)  
e-mail: [timk@aims.co.uk](mailto:timk@aims.co.uk)

- ◆ **Professional** service providing for all your accounting and tax needs
- ◆ **Practical** advice based on 20 years experience in **running** businesses
- ◆ **Personal** approach with fixed fees relevant to the work **you** need
- ◆ **Friendly, local** accountant supporting the community for over 20 years

Please call for a free, no-obligation initial meeting

**ACCOUNTANTS FOR *business***

## Hills-Howson Financial Services

Financial adviser appointments available in your home or our office

The Old Post Office  
53 High Street  
Clophill  
Beds MK45 4BE

Tel: 01525 861803  
[www.hills-howson.co.uk](http://www.hills-howson.co.uk)  
[hills.howson@btconnect.com](mailto:hills.howson@btconnect.com)

Including:-

Investments

Pensions

Protection

Annuities



# W&H PEACOCK

AUCTIONEERS & VALUERS

## Weekly Auctions

Visit the Bedford Auction Centre to enjoy the excitement of a live auction.

Antique & Modern Furniture • Clocks • Books  
Ceramics & Glassware • Pictures & Prints  
Bicycles • Jewellery & Watches • Collectables  
Garage Tools & Equipment • Household Electrical Items  
Office Furniture & Equipment • Retail Products & Stock  
Vehicles • Horticultural & Commercial Equipment  
Building Materials • Garden Furniture & Effects

Eastcotts Park, Wallis Way, Bedford MK42 0PE 01234 266 366 [peacockauction.co.uk](http://peacockauction.co.uk)

## THE COMPUTER MAN



Got a problem with your computer and don't know what to do? Suffering with a virus or spam?

**Don't hesitate! Ring your local computer expert**

**Remote repairs or home visits  
(Day, evening & weekend)**

**Lap top/desk top loan  
(Free pick up & drop off in local area)**

Comprehensive health check from £35 (Special Offer £35 - normally £40)  
Refurbished fl at screen available from £15 • Refurbished base units available from £99



Contact Stephen Amos  
**07976 718567**  
[the.computerman@ntlworld.com](mailto:the.computerman@ntlworld.com)





## rincontuition - Spanish & Maths

Expand your knowledge. Boost your confidence

Phone 01525 860743 - Mob 07952 667814

**Exam techniques and preparation. Revision and practice papers: SATs, 11+ and GCSEs**

**Spanish** for business or pleasure, all levels. GCSE & A-levels  
Skills development: conversation, reading and writing

**Maths:** Boost your confidence and abilities

KS1, KS2, KS3, SATs, 11+ and GCSE practice papers.

References available. Reasonable rates

**Enquiries: 01525 860743 - 07952 667814**

**rincontuition@yahoo.com**



## LIZZIE BROWN PET CARE & HORSE GROOM SERVICES



**DOG WALKING  
PET POP-IN & FEEDING  
PET/HOUSE SITTING  
EQUINE GROOM\***



(\*BTEC Cert Equine Management)



**Lizzie Brown 01525 862459 / 07500 989 700**

*Reliable friendly local service*

**Short notice available (no contract commitments)**

**Insured Quality references available CRB checked\***

\*(Disclosure & Barring Service)

# Hairs & Graces

Unisex Salon



Wet Cut £19  
Cut & Blow Dry £30  
Colours start from £27  
Special OAP rates

## Opening Hours:

Monday	9.30-2.00
Tuesday	9.30-5.00
Wednesday	9.30-5.00
Thursday	9.30-8.00
Friday	9.30-8.00
Saturday	9.30-4.00

Zoe, Donna, Gemma  
and Amanda look forward  
to welcoming you.

Ring now to book an  
appointment.  
Appointments also  
available with our Barber.



Burgoine Business Centre, 117 Clophill Road, Maulden MK45 2AE

**01525 861491** • Loads of free parking



## GARDEN DOCTOR

### Rob McLeod

Pruning Specialist

### Professional, Local, Experienced

- \* All tree and hedge work undertaken
- \* High standard of work
- \* Waste material recycled for compost
- \* Free Quotations
- \* Local, reliable service you can trust

**Tel: 07763 239340 or 01525 861568**

**email: [rob@gardendoctor.org.uk](mailto:rob@gardendoctor.org.uk)**

**[www.gardendoctor.org.uk](http://www.gardendoctor.org.uk)**

*Call the Garden Doctor and bring Good Health to your Garden*



Hedging & Pruning  
Shrubs & Fruit Trees  
Tree Surgery & Removal  
Fully certificated and insured



## We'll get you up and running!

We offer the very best physiotherapy care from a friendly approachable team of nine highly trained Chartered Physiotherapists all members of the Health Professionals Council

**Expert treatment including:**

- Neck/Back/Hand and Tennis Elbow Pain
- Headaches/Migraine/Sciatica
- Incontinence/Pelvic/SIJ/SPD/Pregnancy Back Pain
- Sprains/Strains/Torn Ligaments
- Whiplash/RSI/Osteoporosis/Sports Injuries

**Specialist Physiotherapists:**

- Neurological, Paediatric, Vertigo and Dizziness

**We also offer complementary treatments:**

- Acupuncture, Reflexology, Massage, Indian Head Massage,
- Chinese Herbalist, Lymphatic Drainage and Pumps



Tel: 01525 720882 [www.chartered-physiotherapy.co.uk](http://www.chartered-physiotherapy.co.uk) Email: [amphillphysio@btconnect.com](mailto:amphillphysio@btconnect.com)

7 Station Square, Flitwick, MK45 1DP



## The Happy Place.co.uk

On the Green beside the Post Office every Friday, 3.30-7.30pm

We are your local mobile fish and chip van, we have been parked on the green every Friday for the past 6 years. We serve only the highest quality produce, cooked fresh to order and served to you by our friendly staff.

Why don't you pop down and come and Try Our Fry!

To avoid waiting in the cold, give us a call to

**place your order on: 07833 786108**

A big thank you to all our customers who have loyally supported us over the past couple of years.

# Chapman & Kirby Heating

**Gas, Plumbing & Heating Installations**

**Gas Safe Registered**

**Boiler Servicing & Maintenance**



**Call us now**

**Tel: 01525 861255 Mob: 07831 132308**

**Email: [info@chapmanandkirbyheating.co.uk](mailto:info@chapmanandkirbyheating.co.uk)**

1C, Old Silsoe Road, Clophill, Beds., MK45 4AR



# NEVILLE FUNERALS

We take care of the details, so you can say  
goodbye the way you want to.

NEVILLE. Because there is a difference.

## AMPTHILL

The Old Church, Flitwick Road MK45 2NT

t: 01525 406132

e: [ampthill@nevillefuneralservice.com](mailto:ampthill@nevillefuneralservice.com)

---

## SHEFFORD

24 Clifton Road SG17 5AE

t: 01462 813258

e: [shefford@nevillefuneralservice.com](mailto:shefford@nevillefuneralservice.com)

[www.nevillefuneralservice.com](http://www.nevillefuneralservice.com)








Want the  
best lawn ever?

Prices from  
£15\*  
per treatment

**What we do:**  
Our lawn experts apply bespoke, seasonal treatments to keep your lawn continually nourished and weed free. Whatever the size or condition, we ensure that every lawn receives the love and attention it deserves  
Find out more and visit [greenthumb.co.uk/treatments](http://greenthumb.co.uk/treatments)

**Who are GreenThumb:**  
As pioneers in British lawn care, we are the UK's largest and most recommended provider with millions of treatments taking place across the UK every year  
With over 30 years of experience, you can rely on us to provide your lawn with the very best care

For a **FREE** lawn analysis  
call 01234 709 345 or email [bedford@greenthumb.co.uk](mailto:bedford@greenthumb.co.uk)

   [greenthumb.co.uk](http://greenthumb.co.uk)  
\*Based on a lawn size up to 40m²

Baths, Toilets &  
Showers  
Sinks and Taps  
Guttering  
Leaks and Burst Pipes  
Drainage  
Handyman jobs also



Silsoe based  
No call out fee – free estimates  
Fully insured and guaranteed  
No job too small  
**07720 723653 01525 864859**  
[info@betaplumbing.co.uk](mailto:info@betaplumbing.co.uk)  
[www.betaplumbing.co.uk](http://www.betaplumbing.co.uk)

**Washing Machines Dishwashers  
Dryers Electric Ovens  
Repairs Servicing Sales**



A local family business offering  
a quality service at a competitive price  
Est. 1981

**Tel: CLOPHILL 860148  
or Tim Downing direct on 07969 545 276**

A member of the White Goods Trade Association  
Fully Insured



the  
café

AT

**W&H PEACOCK**  
AUCTIONEERS & VALUERS

Visit

[www.peacockscafe.co.uk](http://www.peacockscafe.co.uk)  
for more details and to view  
our current menu.

Eastcotts Park, Wallis Way,  
Bedford, Bedfordshire  
MK42 0PE

**01234 266 366**



**View the salerooms for our upcoming auctions  
and then relax with a coffee and a slice of cake.**

Our unique café in Bedford Auction Centre with free wi-fi and views of the salerooms, comfortably seats over 100 customers.

We serve cooked breakfasts, paninis and sandwiches, light lunches and snacks plus a range of hot and cold drinks.

**Senior Citizen discounts available**

Open Monday to Thursday from 8.30am - 3.30pm  
Extended opening on Friday to 7pm. Saturday 8.30am - 4pm  
(Last orders 1 hour before closing)

## LOCAL ALLOY WHEEL REFURBISHMENT

  
**mintalloys**  
complete alloy wheel refurbishment

**Tel:**  
**01525**  
**860069**

**Alloy Wheel Repairs**

**Diamond Cut Alloy Wheels Repaired On Site**

**Powder Coat Primers & Lacquers**

**Fast Turnaround Alloy Wheel Welding**

**Tyres At Competitive Prices**

**NEW for 2015 - 4 Wheel Alignment Service**

**[www.mintalloys.co.uk](http://www.mintalloys.co.uk)**

# Root 'n Branch

Your Local Friendly & Reliable Gardener

All aspects of Garden Maintenance undertaken  
• PRUNING • MOWING • WEEDING • PLANTING • HEDGING

Southfields, Shefford  
email: whooley@hotmail.co.uk

**Tel: 07771 537385**

Public Liability  
Insured



*Conifer*  
Kennels

*Quality*  
**BOARDING**  
HOLISTIC FOOD SHOP  
GROOMING & BATH & SPRITZ  
OFF SITE NATURE WALKS  
DAY BOARDING  
QUALIFIED TEAM

*Coming Soon*  
**LUXURY SUITES & RE-FURBISHMENT**

**nutriment** RAW  
ENHANCED raw diet formula

**Bulmer**  
Pet Food

**PALEO**  
RIDGE

[www.coniferkennels.co.uk](http://www.coniferkennels.co.uk)  
**01525 860339**  
THE CAUSEWAY, CLOPHILL, BEDS. MK45 4BA

## STUART DREW ELECTRICAL SERVICES

PART P CERTIFIED  
MEMBER OF THE ECA  
QUALIFIED TO 18<sup>TH</sup> EDITION

Consumer unit upgrades (fuse box). EV charging points. Additional lights and sockets.  
Garden power. Electric showers fitted. Fault finding and electrical safety certification.  
For a professional, courteous service with free estimates & all work guaranteed

29 Lincoln Way  
Harlington  
Beds  
LU5 6NG

**Fully qualified & insured**  
**Over 30 years experience**

Telephone  
01525 875965  
07941 812662

## Compu-Doc

PC / laptop crisis ?

01525-402227

Call the Doc for -

Hardware & software

Diagnosis & treatment

[john.stafford@compu-doc.co.uk](mailto:john.stafford@compu-doc.co.uk)



# BURGLAR ALARMS

*New Alarms Fitted or Upgrade Existing Alarms*

## BURGLAR ALARMS

We fit New Alarms - Wired or Wireless Systems  
\*We can service and maintain your existing alarm\*

## CCTV

We fit high quality systems to maximise your security.  
Access your CCTV via the internet or mobile.

## DOOR ENTRY

We fit a range of quality video and audio intercoms  
to suit your needs.

*We are a family run business with over 35 years  
experience in home security and crime prevention.*



[www.maximumsecuritysystems.co.uk](http://www.maximumsecuritysystems.co.uk)

Contact:

**01582 864138 / 07746 111520**

*For a free quote and consultation*

# DAVID JAMES

[WWW.DAVIDJAMESKITCHENS.CO.UK](http://WWW.DAVIDJAMESKITCHENS.CO.UK)



**SAVE £££**  
**BUY DIRECT**

**Call 01525 722230**

## NEW

KITCHEN & LIGHTING  
SHOWROOM

5 MINUTES  
FROM CLOPHILL

DESIGN  
MANUFACTURE  
INSTALL

Pulloxhill  
Business Park  
Greenfield Rd  
Bedford  
MK45 5EU



# V.J. EDWARDS

## Plastering & Building Services

Certified Plasterer by British Gypsum – All works guaranteed for 2 years

- *Internal and external Plastering,*
- *Special Renders: Krend, monocuhe and Cemrend*
- *Stud Partitioning*
- *Plaster Boarding*
- *Garage conversions, Kitchens & Bathrooms and small extensions*



**Telephone M: 07970 011605 H: 01234 740400**



- Suppliers of traditional and modern equipment
- Working whirlpool & spa baths, power & steam shower systems on display
- Over 40 settings on display
- Complete installation service if required
- Personal friendly service from a family run business
- Wall and floor tiles
- Accessories
- Mirrors
- Bathroom furniture
- Heated towel rails
- Saunas
- Bathroom cabinets

**SHEFFORD 01462 627002**

**[www.bathroomvogue.com](http://www.bathroomvogue.com)**

Unit 4A, Shefford Industrial Park, St Francis Way, Shefford SG17 5DZ

## Hire Clophill Village Hall



Wedding Receptions  
Birthdays & Special Occasions  
Dances and Discos  
Club & Community Meetings & Activities

Phone: 07821 643 936

Mail: [Clophill.villagehall@gmail.com](mailto:Clophill.villagehall@gmail.com) Web: [www.clophillvillagehall.co.uk](http://www.clophillvillagehall.co.uk)

## ROGER STOREY

**YOUR LOCAL PAINTER AND DECORATOR**

Friendly and Reliable Service

Many Years Experience

Please phone: **01525 861253** or **07800 777615**

## ANDREW BAKER WINDOWS

9 SHEFFORD ROAD  
CLOPHILL BEDS  
MK45 4BT

SPECIALISING IN UPVC WINDOWS,  
DOORS, CONSERVATORIES,  
FASCIA, SOFFITS, GUTTERS AND  
CLADDING. ALSO AVAILABLE FOR CARPENTRY  
WORK. NO JOB TOO SMALL OR LARGE.

20 Years experience.  
Free local quotes.

**FENSA**

Fensa Registered  
FIVE YEAR GUARANTEE

Contact Andrew: 01525862804 / 07825017855

Email: [abakerwindows@gmail.com](mailto:abakerwindows@gmail.com)

# Advertisers index

## Architectural Services

S&S Coates Surveying & Design 30

## Auctioneers & Valuers

W&H Peacock 33

## Bathroom Services

Bathroom Vogue 42

## Builders & Carpenters

Stuart Benson Building Projects IFC  
VJ Edwards 42

## Car Services/Repairs

A&F Motors Ltd IFC  
Mint Alloys 39  
TC Coomber Car Services BC

## Chimney Sweep

Poppins Chimney Sweep IBC

## Cleaning Services

Daisy Cooper 21  
Ovenclean 27

## Computer Services

Compu-Doc 40  
The Computer Man 33

## Electrical Services

Stuart Drew Electrical Services 40

## Financial Services

AIMS Accountants 32  
ET Accountancy Services 25  
Hills-Howson Financial Services 32  
MB Accounting Services 26  
SJ Tax & Accounting Services 25

## Food and Refreshments

The Cafe at Peacocks 39  
The Happy Plaice 36

## Funeral Services

AL&G Abbott, Funeral Directors 31  
Neville Funeral Service 37

## Garden Services

Adam in your Garden 26  
Garden Doctor 35  
Green Thumb Lawn Treatment 38  
JK Garden and Landscape Services 24  
Root 'n Branch 40

## Health & Beauty

A Cut Above Hairdressing 25  
Ampthill & Flitwick Physiotherapy 36  
Hairs & Graces 35  
Kevin Reynolds 28  
Linda Allsop Physiotherapy 25  
Mindfulness Movement & Meditation 18  
Nicola Rayner Fitness 28  
Pathways of Mindfulness 21  
Slimming World 29  
Tammys' Talons 24

## Home Improvements

Christopher The Painter 24  
Partridge Flooring 20  
Roger Storey - Painter & Decorator 43  
David James Kitchens 41

## Music and Entertainment

Greensands Community Choir 21

## Nursery Schools

Clophill PreSchool BC  
Clophill St Mary's C of E  
Acorn Lower School and Nursery 29

## Pet & Animal Services

Conifer Kennels & Cattery 40  
Lizzie Brown Pet Care 34  
The Bluecat Luxury Cattery 27

## Plumbing & Drainage Services

Beta Plumbing 38  
Chapman & Kirby Heating 36  
Warm Property Services 27

## Print Services

Fidelity Design & Print IFC

## Public Houses

The Stone Jug 26

## Repair Services

Tim Downing Repair Services 38

## Security Services

Maximum Security Systems 41

## Travel Services

Select Travel Holidays 30

## Tuition and Coaching Services

Rincon Tuition (Spanish & Maths) 34  
TalkEasy Coaching 24

## Village Hall

Clophill Village Hall 43

## Windows/Replacement

Andrew Baker Windows 43  
AW Windows IBC  
Kings Windows 20  
Misty Double Glazing 27

*IFC = Inside Front Cover IBC = Inside Back Cover BC = Back Cover*

# Love reading Spotlight?

Don't forget to mention us  
when you use a business that  
advertises in this magazine!



# Poppins Chimneys

**Chimneys Swept  
Wood and Multifuel Stove  
Installation & Liners**

*Great Service - Great Price!*



**01525 860424 or 07858 688785**  
**mark@poppinschimneys.co.uk**

**NO PRESSURE SALES – YOU DEAL WITH  
THE OWNER FROM START TO FINISH**



- ✓ A-rated windows as standard
- ✓ Composite doors
- ✓ High security
- ✓ Bifolding doors
- ✓ Conservatories
- ✓ Fascias, soffits and guttering
- ✓ Insurance-backed guarantee
- ✓ Fensa certificate



**Contact: ANDY WOOD**

**01582 536944 or 07796 272539**  
**sales@awwindows.co.uk**



See reviews from satisfied customers at [awwindows.co.uk](http://awwindows.co.uk)

# Clophill Preschool

Your local Outstanding Preschool,  
based at Clophill Village Hall -  
welcoming children from  
2 years of age.

We'll help your child to become an inventive  
and creative learner. With access to a fantastic  
outdoor area, our focus is on natural and  
exploratory 'play with a purpose'.



Call us today to find  
out more:  
**07765 887868** or  
**07936 006381**

[www.clophillpreschool.co.uk](http://www.clophillpreschool.co.uk)



**TLC Toombers**

**MOT'S CLASS 4/5L/7  
CAR SERVICING & REPAIR  
TYRES & EXHAUSTS  
AIR CONDITIONING  
DIAGNOSTIC CODE READING**

**Collection  
& Delivery**  
SERVICE AVAILABLE  
Please ask

**AMPHILL**  
**01525 406330**

UNIT F, AMPHILL INDUSTRIAL ESTATE, STATION ROAD, AMPHILL, MK45 2QY